



Newf News

FIRST QUARTER 2021

The High Country Newfoundland Club Newsletter



High Country Newfoundland Club
NCA Water Tests
August 28 & 29, 2021
Official Gear and Goods

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ON THE COVER: SWAG
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WANTED AND VERY MUCH NEEDED: STEWARDS AND HELPERS
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Totally "Cringeworthy"
Two Important Health Articles

High Country Newfoundland Club Committees

HCNC Constitution and Bylaws Ad Hoc Committee	Claudia Walters, Chair Mark O'Connor, Shine Sturtz, Hilary Perry, Florence Larsen, Kady Eckstrom
Awards Banquet 2021	OPEN
HCNC Breeder List	Linda Morley Roser
Chatfield Park Liaison	Patti Pigeon
Community Service	OPEN
NCA Draft Test October 2021	Joyce Boone, Chair Shine Sturtz, Secretary Sue Raney, 3 rd Member
Draft Clinic	Sue Raney, Chair
Email List Distribution	Club Secretary hcnsecretary@gmail.com
Facebook Administrators	Claudia Walters, Mark O'Connor
Fun Day/Spring Fling 2021	Joyce Boone, Chair
Health Clinic	OPEN
Historian	Kady Eckstrom
Holiday Carting	OPEN
Holiday Party 2021	OPEN
Meet the Breed 2022	Mark O'Connor
Membership Applications	Mark O'Connor
National Ad	Claudia Walters
National Club Basket	OPEN
2022 NCA National Opening Ceremony and Parade	OPEN
2021 NCA Regional Specialty	OPEN
2021 NCA Water Test July	Megan Goldin-Liston, Chair Kathy Sylvia, Secretary, Sue Callister, 3 rd Member
2021 NCA Water Test August	Mark O'Connor, Chair Claudia Walters, Secretary, John LeVett, 3 rd Member
New Puppy Buyers-Welcome	Mark O'Connor
Newsletter Editor	Lisa Johnson
2022 Nominating Committee	TBA in October 2021
HCNC Policy and Procedures Ad Hoc Committee	Kady Eckstrom, Chair Committee: Florence Larsen, Shine Sturtz, Claudia Walters, Joyce Boone
Policy and Procedures Approval	Board of Directors
HCNC Rescue Ad Hoc Committee	Sue Raney, Chair Committee: Hilary Perry, Kate O'Connor, Jewel Cody, Shine Sturtz, Claudia Walters
Sunshine Committee	Sue Schneider
Water Test Clinic	Mark O'Connor
Webmaster	Matt Sidesinger

HCNC BOARD OF DIRECTORS

President: Mark O'Connor 847-757-8997

Vice President: Claudia Walters

719-332-7988

Secretary: Joyce Boone 828-406-3220

Treasurer: Florence Larsen 303-337-0493

OFFICIAL CLUB CONTACT

Raymond Gunn 801-598-5106

NEWSLETTER EDITOR

Lisa C. Johnson 216-408-6214

DIRECTORS

Jewel Cody

Ron Horn

Hilary Perry

Shine Sturtz

A Message from our New President, Mark O'Connor

Hello Club Members,

Summer is coming and with it some dog events. Finally!

We have some plans. One of several events that the Board just approved at our Annual Meeting was to hold a grooming clinic on May 22nd. This event was extremely popular two years ago and I expect this one will also be well attended. This is a great opportunity to learn to groom from experts. Details and signup will follow by member email.

We do not have the Chatfield swimming schedule yet but if it is like last year's, I am planning a club water training clinic for June 12th. This is for beginners who are brand new to water training. We hope to have a second clinic later this summer for more advanced participants. Details will follow for the above events when they are approved by the Board.

On Sunday June 20th, the Board has already approved a Draft Seminar and CGC testing in beautiful Leadville. This is going to be a fun event! Joyce Boone has organized this event and Ron Horn has agreed to judge CGC testing. CGC is an AKC title, Canine Good Citizen. This is a great test for beginners to receive an AKC Title. The CGC test consists of basic obedience and manners. Sit, stay, down, recall (come) and meeting another person and dog are some of the parts of the test. Google CGC for more info. Overall, the event is going to be a great opportunity to get together with some fellow Newf club members. Outdoors but still with masks please. More details are in this newsletter.

The July water tests are scheduled for July 24-25th. Donna Thibault and Bethany Karger will be judging. Megan Goldin-Liston is the chair.

The September tests have been moved to August 28-29. John Pearson and Lori Littleford will judge these tests and I am the chair.

September brings quite a few dogs shows. Every weekend has a show for conformation and obedience!

Look forward to ACTUALLY SEEING you soon!

Best,

Mark

HCNC Membership News

Mark O'Connor, 847-757-8997

HCNC Membership Chairman

NCA Membership Information: www.ncanews.org/members/shtml

WELCOME NEW MEMBERS

BEAUDRY, Anne

931 Shady Oak Lane
Castle Pines, CO 80108
314-265-6906

anne.beaudry@mac.com

Sponsors: Mark and Kate O'Connor

REIGLE, Jesse and Hillary Evans

209 E. Highline Circle Apt. 106
Littleton, CO 80122
303-902-4949

jmreigle@comcast.net

Sponsors: Mark and Kate O'Connor

NEW APPLICANT:

FRANCO, Jeannie and Carlos

2312 Alpine Dr.
Erie, CO 80516
843-670-2613

hrfrancos@gmail.com

Sponsors: Mark and Kate O'Connor

CONGRATULATIONS TO SUE RANEY and KATHERINE PAYNE, our HCNC friends, whom we are fortunate enough to share our membership with at the High Country Newfoundland Club (HCNC) in Colorado. Our two friends were awarded significant recognition during the annual NCA Board of Directors meeting in March, 2021. They earned their honors because they have demonstrated how enthusiasm, passion and service to our breed makes a positive impact on everyone who is fortunate enough to enjoy their company.



Sue Raney is the recipient of the 2020 Newfoundland Club of America (NCA) Member of the Year Award. Sue is being recognized for her ongoing membership as a leader, demonstrating by her actions how active participation with outstanding service and commitment benefits our organization that exists for our beloved Newfoundland pets. Thank you, Sue Raney, for your service on both the national and at our regional club level. And congratulations.



Katherine Payne was posthumously awarded the Isabel S. Kurth Award. Katherine's dedication to both the Newfoundland breed and to serving the people she met exemplified the essence of this high honor. *"The Isabel S. Kurth Award was established by the Board of the Newfoundland Club of America in 1993 to honor an extraordinary woman whose service to the club, dedication to the principles on which it stands and devotion to the breed is legendary. This award recognizes that member who best captures the spirit and exemplifies the standards of excellence in service and devotion to the breed that Isabel Kurth had so tirelessly set."*

Katherine Payne, you captured the spirit, and I thank you for your friendship. To find out more about this award, copy and paste the link below:

<https://www.thenewfoundland.org/kurth.html>

Mark Your Calendars for Upcoming Events



A **GROOMING CLINIC** will be held on May 22nd. Signup details will be made available through a member email announcement.

Members will be sharing their expertise by helping our membership get a grasp on what is entailed in grooming your Newfoundland.



All Summerlong Water Training Practice ...will be at the Chatfield Lake Gravel Pond beginning in late May. Watch your email for the schedule to be posted.

All members are welcome to participate.

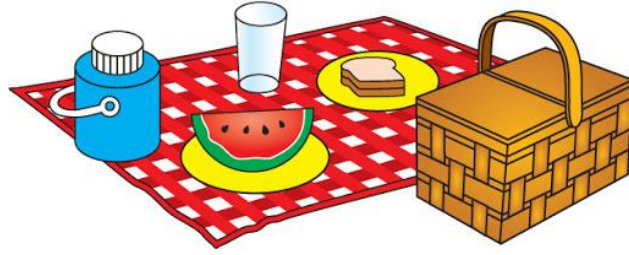
The club will be hosting a **WATER TRAINING CLINIC**, pending Board approval, on June 12th at the Gravel Ponds at Chatfield Lake. This clinic will be for beginners who are brand new to water training.

We hope to have a second clinic later this summer for more advanced participants.

More details will be made available through a member email announcement once the event is approved.



*Summer Fun Day
On Sunday, June 20th*



There will be a Draft Clinic in the morning and CGC (Canine Good Citizen) testing in the afternoon for those interested in participating.

See the flyer in this newsletter for additional details



JULY WATER TEST AT THE CHATFIELD GRAVEL POND at CHATFIELD RESERVOIR

July 24-25, 2021

BRAND NEW HCNC WATER TEST LOGO WITH GEAR AVAILABLE FOR PURCHASE SOON.

Click the link below to access the test premium :

http://www.hcncnews.org/uploads/1/3/3/8/13388662/2021_july_hcnc_water_test_premium.pdf

**NCA Water Test: WD, WRD, WRDX
*Offering All Breed WD, WRD, WRDX***

Judges are Bethany Karger and Donna Thibault

HCNC will sponsor an All Breed test to be held Saturday, July 24th only after the NCA Water Test. This is NOT a NCA event.

HCNC will sponsor a Tadpole Test to be held Saturday, July 24th only after the NCA Water Test and All Breed Water Test. This is NOT a NCA event.

Earliest postmark for NCA Member entries is May 1, 2021.

Earliest postmark for non-NCA Member entries is May 11, 2021

All Entries Close on July 14th, 2021 at 7:00 p.m.

Minimum Entries: 6 per day of testing



A **Draft Test** is scheduled for October 9th and 10th, 2021. There will be a preparation opportunity at the **Summer Fun Day** being held on June 20th. Watch your email for announcements for another preparation workshop later in the summer.

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WANTED:

VOLUNTEERS aka **HELPERS, STEWARDS, EXTRA HANDS**, etc.

2021 Regional Show-Need a Chairman. Applications being accepted. Contact mark_e_oconnor@yahoo.com

2022 National Specialty-Rally and obedience trials Chairman-contact Ron Horn vnewf@gmail.com

2021 Banquet-Need Organizer for this event to be held later in the year. Contact mark_e_oconnor@yahoo.com

Rescue Committee-HCNC is forming a new committee for rescue. In need of foster homes, transportation, home checks, and board positions. Contact mark_e_oconnor@yahoo.com

Water Test-stewards, hospitality, set-up and water clinics. To volunteer contact Ron Horn vnewf@gmail.com, or mark_e_oconnor@yahoo.com

Draft Test and Fun Day-stewards, hospitality, set-up and Draft Clinics. Joyce Boone at newrivernewfs@hotmail.com

\$18,98
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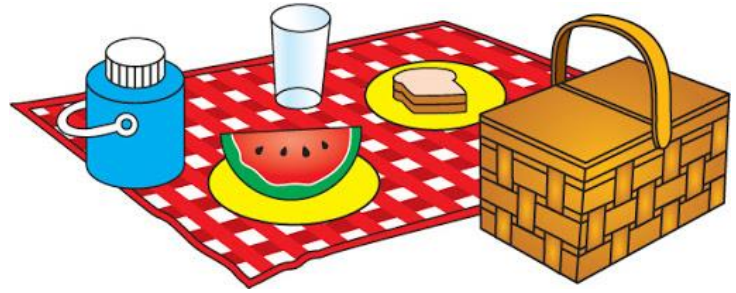
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2021 HCNC Summer Fun Day And Picnic

On Sunday, June 20th



***WHAT:** Bring your Newfs, families and friends and join us in beautiful (and cooler) Leadville, CO for our annual **Fun Day and Picnic**. The day will begin with a Draft Clinic in the morning that includes both an introduction and a continuation of draft work skills. If you have any carting equipment, try to bring it along with you.*

There will be equipment available for you to borrow for the day to try it out. Any level of experience is welcome.

Even if you have just the slightest curiosity about what Draft Work is all about, please join us in the fun we are about to have.

In the afternoon, the CGC (Canine Good Citizen) testing will be available for those interested in having their dog earn an AKC title. (think MD, OD, DDS, etc. for humans)

***WHERE:** find us at the pavilion at the:*

Leadville National Fish Hatchery

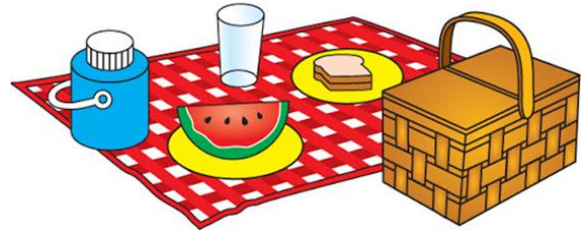
2846 Highway 300 | Leadville, CO 80461

Hours: 7:00 AM to 3:30 PM | **Phone:** (719) 486-0189

Swag and raffle tickets for the upcoming draft test will be available for purchase at this event. To avoid shipping cost, pick up your swag at the funday event

SCHEDULE OF EVENTS:

9 AM Check in for Draft Clinic
12:00-1PM Lunch
1:00 pm CGC Test Opportunity
4:00 pm Wrap Up



WHAT TO BRING WITH YOU: light coat for possible cooler temperatures, draft equipment if you have it, enough water for your dog

COST: CGC TEST: \$20 PER DOG
DRAFT DOG CLINIC: \$20 PER DOG
(one lunch included with the dog charge)

PICNIC LUNCH DONATION over 12 years of age:
\$5.00 PER PERSON

MENU: hamburger/hotdogs, potato salad, beans, chips, drinks

Other activities: fish hatchery, hiking and socializing with our friends

**RSVP to Joyce Boone at newrivernewfs@hotmail.com or
(828) 406-3220**

Please Include your:

Name:

Email and Phone:

Number of people attending:

Number of dog(s) and name(s) attending and which activity(ies) you are interested in



CGC Test Items

To familiarize yourself with the test: <https://www.youtube.com/watch?v=Za4Do8EV0do>

1. **Accepting a Friendly Stranger**
 - Evaluator and handler shake hands
 - No sign of Resentment or shyness
 - must not break position or try to go to the evaluator
2. **Sitting Politely for Petting**
 - Evaluator pet the head and body only then circles the dog and handler
 - Must not show shyness or resentment
3. **Appearance and Grooming**
 - Combs or brushes the dog lightly and examines ears and each front foot
 - Welcomes being groomed
4. **Out for a Walk (Walking on a loose leash)**
 - Walks in control of the handler
 - Left turn, right turn, about turn, two halts
5. **Walking Through a Crowd**
 - Walks around and close to at least three people
 - Not over exuberant, shy, or resentful
 - May not strain at the leash
6. **Sit and Down on Command/Staying in Place**
 - Will sit and down and remain in place
 - Handler attaches a 20 ft line and leaves the dog
 - Dog must remain in place but may change positions
7. **Coming When Called**
 - Handle walks 10 feet from the dog
 - Handler turns and calls the dog
8. **Reaction to Another Dog**
 - Two handlers and their dogs approach each other from 10 yds. stop greet each other, shake hands and continue on 5 yds
 - Dogs show no more than a casual interest in each other
9. **Reaction to Distractions**
 - A book is dropped and a jogger runs by
 - Dog should not panic, run away, show aggression, or bark
10. **Supervised Isolation**
 - Evaluator says, "Would you like me to watch your dog?"
 - Evaluator takes hold of and the handler goes out of site for 3 minutes
 - The dog should not panic continually bark, whine, howl, or strain at leash

*DRAFT DOG FOR ALL SEASONS RAFFLE
THE RAFFLE IS OPEN ALL THE WAY THROUGH
THE DRAFT TEST*



- Special Raffle -

**We have some special items available for our raffle this year,
One is a custom Raffle item and courtesy of Joyce Boone (Draft Test Chair)
A Newfoundland Puzzle, and a Woven Throw with our awesome logo (More to come).**

**Tickets are \$1/per ticket or 6 tickets for \$5.
You can purchase your tickets at the test or
if you wish to pre-purchase raffle tickets
please contact Joyce Boone at newrivernewfs@hotmail.com
Joyce is managing the brown bag raffles and even
those not in our region who wish to support
and purchase tickets, can do so by
sending your check made out to HCNC
to Joyce for the amount of tickets and designate which items you want
your tickets for.**

Joyce Boone

316 Baby Doe Dr. Leadville, CO 80461-9404





DRAFT DOG FOR ALL SEASONS

**COLORADO 2021 DRAFT TEST
BROWN BAG RAFFLE ITEMS**

DRAFT DOG FOR ALL SEASONS SWAG ORDER FORM

Short Sleeve T-Shirts				
	Size	Quantity	Price	Extension
	S, M, L & XI		\$18.00	
	XXL		\$20.00	
	XXXL		\$21.00	
Long Sleeve T-Shirts				
	Size	Quantity	Price	Extension
	S, M, L & XI		\$22.00	
	XXL		\$24.00	
	XXXL		\$25.00	
Hoodies				
	Size	Quantity	Price	Extension
	S, M, L & XI		\$32.00	
	XXL		\$35.00	
	XXXL		\$36.00	

	Tote Bags		Quantity	price	extensio
	See photo below - beautifully done in Gray.				
		Quantity	Price	\$25.00	
					\$25.00

	Tote Bags			
		Quantity	Price	Extension
			\$25.00	

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Holiday Ornaments				
		Quantity	Price	Extensio
			\$25.00	

Grand Total

Your Name



Your Address

Your Phone

Makecheck. payable to: HCNC and send to:

Joyce Boone 316 Baby Doe Dr Leadville, CO 80461-9404	SHIPPING & HANDLING \$9.00 per Order
Newrivernews@hotmail.com	
828-406-322	
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High Country Newfoundland Club NCA Water Tests

August 28 & 29, 2021

*Official
Gear and Goods*



10% of Sales to benefit
HCNC
Enter **HCNC20**
at checkout.



SaraEnglandDesigns.com
or call: **301.685.1239**

****Remember that all items can be ordered with or without the HCNC logo**

Quick Reference Guide For GDV BLOAT

Vet's Emergency Telephone Number...

	What Is Happening	What The Dog Does	What You Should Do	Treatment
Stress ▶▶▶ Excitement ▶▶▶▶ Vigorous Exercise ▶▶▶▶ Large Meals ▶▶▶▶ Long Drink ▶▶▶▶ Swallowed Air ▶▶▶▶ Familial Tendency ▶▶▶▶	Stomach function is normal. Gas accumulates in the stomach but the stomach does not empty as it should.	Dog behaves as usual. Seems slightly uncomfortable.	Keep the dog quiet; Do not leave the dog alone; Give Antacid if your vet agrees. Be aware of Phase I symptoms.	During this period the dog may recover without going on to develop Gastric Volvulus.
PHASE I GDV	Stomach starts to dilate. (Gastric Dilatation) Stomach twists. (Gastric Volvulus)	Anxious, restless, pacing; Trying to vomit-may bring up stiff white foam but no food; Salivating; Abdomen may be swollen.	Call your vet, tell him what you suspect and why. Take the dog to the vet without further delay.	During this period the dog may recover if your vet releases the pressure with a stomach tube.
PHASE II GDV	Blood supply to part of stomach is cut off. Stomach tissue is damaged. Portal vein, vena cava and splenic vein become compressed and twisted. Spleen becomes engorged. Shock begins to develop	Very restless; whining & panting; Salivating copiously; Tries to vomit every 2-3 min; Stands with legs apart & head hanging down; Abdomen swollen & sounds hollow if tapped; Gums dark red; Heart rate 80-100 beats/min; Temperature raised (104°F)	Get someone to tell your vet you are on your way and why. Take the dog to the vet as quickly as possible.	During this period the vet will need to relieve the stomach pressure, start an intravenous drip and perform surgery to untwist the stomach.
PHASE III GDV	Spleen and stomach tissue become Necrotic. Shock now very severe. Heart failure develops. Shock now irreversible. Death	Unable to stand or stands shakily with legs apart; Abdomen very swollen; Breathing shallow; Gums white or blue; Heart rate over 100 beats/minute; Pulse very weak; Temperature drops (98°F)	Death is imminent. Get someone to tell your vet you are your way and why. Take the dog to the vet as quickly as possible.	As well as doing everything above, the vet will need to remove part of the stomach and the spleen. He will also need to use powerful drugs to counteract shock. It is no longer possible to save the dog's life.

WAGS AND BRAGS

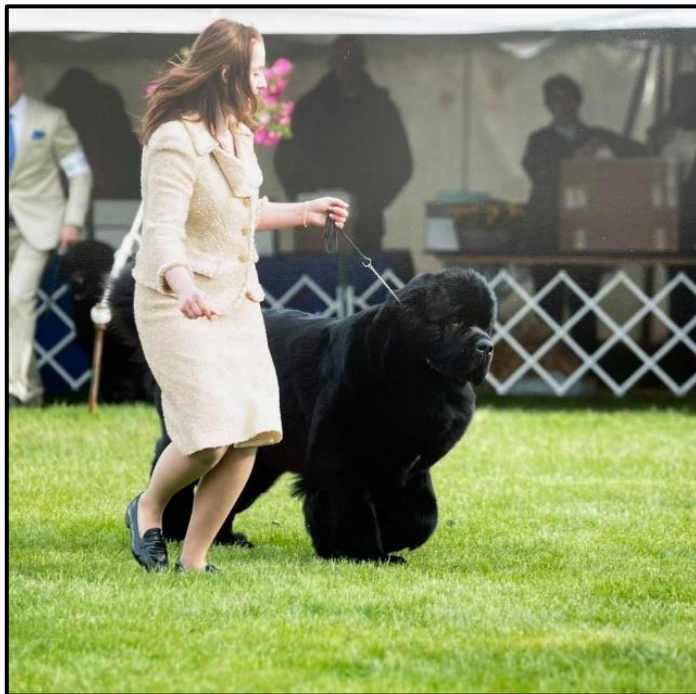
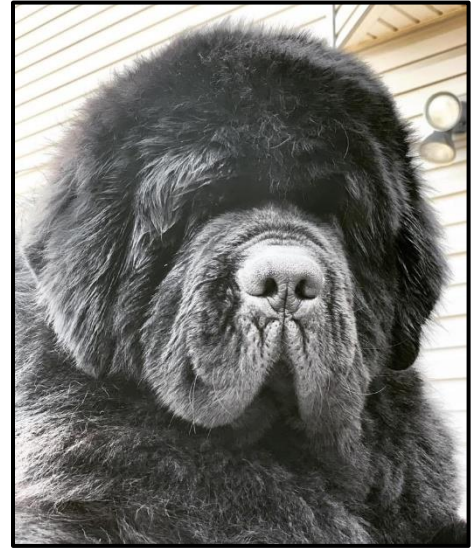
For the **SECOND** year in a row, “**Finnegan**”

GCHB CH Beecreek’s Evenkeel You’re Gonna Need A Bigger Boat RN CGC TKN

Finnegan has qualified for the Newfoundland Club of America’s Top 20 Conformation List for the year 2020. The dogs that qualified for this list will be honored at the 2022 National Specialty in Frankenmuth, Michigan.

Super proud of him for being such a great buddy on and off the road and SO much gratitude to Michael Brantley for always being his best pal at the end of his lead, and to ALL the handlers who have stepped in to pinch hit and show and place with him in the group ring.

To the judges who continue to recognize him and to our extended show family, we are so grateful for the support of our big guy.



Wags and Brags Cont'd

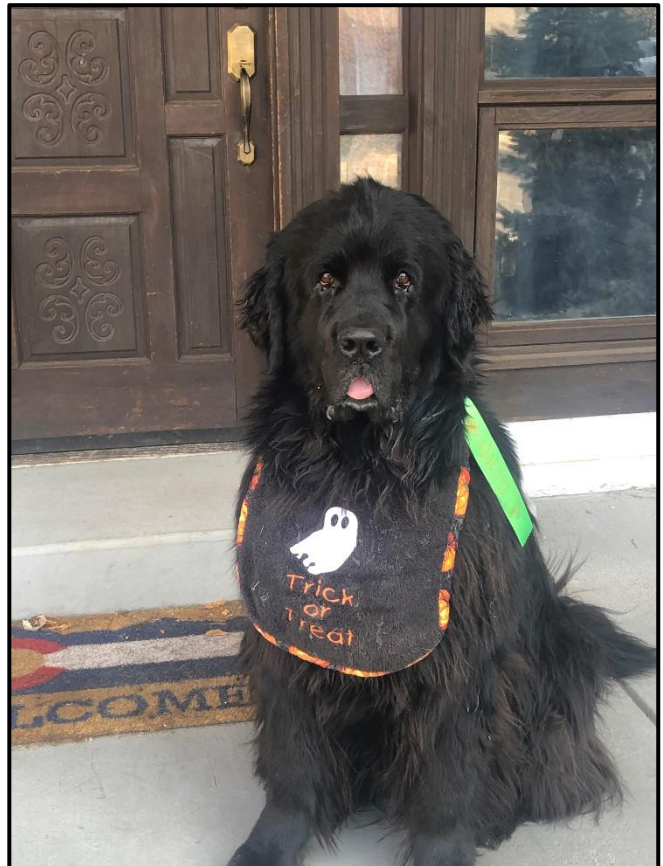


Dockside's It's A Wonderful Life (**Bailey**) owned by Sue Raney earned his Virtual Home Manners Puppy title on February 18, 2021

AND.....

Blackwatch **Sadie** CD BN RA CGCA CGCU TKI DD1 WD2 CHIC owned by Sue Raney

Sadie has qualified for the Newfoundland Club of America's Top 10 Obedience Dog List for the year 2020

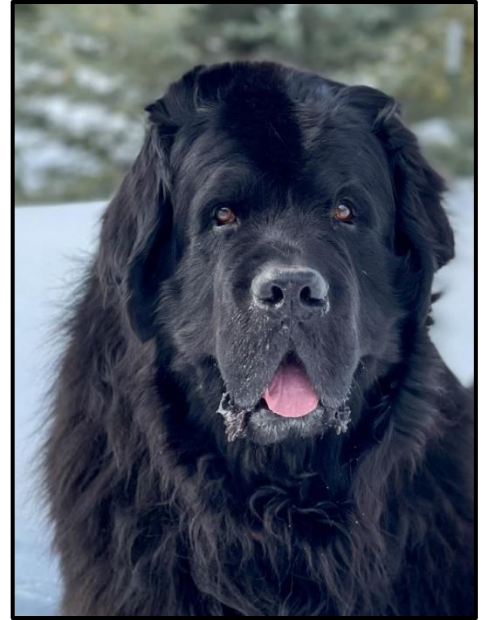


Wags and Brags Cont'd

BLUE DIVES IN, the third book in the Bella, the Wildlife Ambassador series was just published.

Please purchase a copy at [Amazon.com](https://www.amazon.com)

Owner Katie Dolan's younger Newf, Blue, who is eight years old.



Member's Sharing Nook



Some of the Craig Hospital Newfie gang gather for coffee until the Newfies can safely visit the Craig Hospital Rehab facility again on Monday nights. Joe Mckeon gathers the group including Kelley Whalen with Chewy and Morgan; Mike Kliewer; Florence Larson, and Ron Horn.

Joe gave each of them Newfie member Katie Dolan's newest book- Bella the Wildlife Ambassador, Blue Dives In..

Why You Shouldn't Ignore Your Dog's Poop

Analysis by [Dr. Karen Shaw Becker](#)

This topic is simultaneously extremely important and just plain gross. Pardon the images you're about to see, but as the old saying goes, "a picture is worth a thousand words."

What comes out of an animal's body is as worthy of attention as what goes into it. Since our furry family members can't tell us how they feel, and since dogs (and cats) are programmed by nature not to complain or even appear under the weather, it's up to us to stay alert for signs of trouble.

One of the best ways to do this is to pay attention not only to how often and how much your dog poops, but also the appearance of those "deposits."

Generally speaking, the poop of a healthy dog is moist and firm and has a mild odor.



Dogs fed exclusively kibble produce large quantities of poop for several reasons.

•Most processed pet food companies add high amounts of fiber like beet pulp, soybean and rice hulls, and "cellulose," otherwise known as wood fiber, or sawdust.



Kibble is less digestible than fresh food diets, in part because of the poor quality "feed grade" ingredients. Less digestion means more and usually smellier poop because it causes more food fermentation

and gas production in the GI tract. Fresh pet food made with human grade ingredients results in 2/3 less poop volume ... that tells you something!

Dogs eating [fresh food](#), especially raw diets, tend to produce less poop that is smaller in size, firmer, and less smelly. Some vets are opposed to homemade diets because if pet owners don't follow a recipe that meets basic nutritional requirements, over time nutritional deficiencies can occur.

Likewise, guessing at nutritional requirements can accidentally provide too many minerals like calcium and phosphorus that comes from edible bones which can be problematic for growing puppies.

This pet-friendly article was brought to you by Dr. Karen Becker, Mercola Healthy Pets resident proactive and integrative wellness veterinarian. For more pet care tips visit HealthyPets.Mercola.com

The NewfNews Editor thanks Johanna Matsuda from our Club for sharing this article with our membership.

•Dogs eating raw foods too high in calcium or bone tend to pass white, chalky feces, and run the risk of obstipation, which is severe, unrelenting constipation that blocks the passage of both gas and waste through the colon.



Regardless of your dog's diet, it's important to know what her poop looks and smells like normally so that you'll be immediately aware of any changes in frequency, consistency, size, color, or smell.

The Dreaded Diarrhea

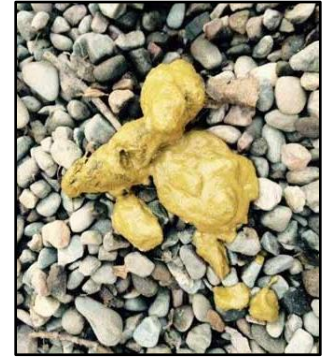
Since diarrhea is a symptom of multiple health problems, it also has multiple causes from benign to very serious. Hands down, the most common cause of diarrhea in otherwise healthy dogs is indiscriminate eating (e.g. getting into the garbage).

Diarrhea can have different characteristics depending on its cause. In the following situations, unless the problem clears up on its own within a day or so, making an appointment with your veterinarian is recommended.

•A soft stool with no visible blood or mucous might indicate either a dietary change or indiscriminate eating. However, it can also signal the presence of an intestinal parasite such as [giardia](#).



•A greasy-looking gray stool can be a sign of too much fat in your dog's diet, which can trigger [pancreatitis](#), which is inflammation of the pancreas that can range from very mild to life threatening.



•A black, tarry stool typically indicates the presence of old (vs. fresh) blood somewhere in the digestive system. It can be a sign of injury to the gastrointestinal (GI) tract from indiscriminate eating, a foreign body or it can also be a sign of a very serious disease such as cancer.



•Watery diarrhea can be a sign of stress or a viral (e.g., [parvovirus](#)) or parasitic infection and can lead very quickly to dehydration, especially in puppies.

•A soft stool containing or coated with mucous may indicate the presence of irritants in the food, sensitivity to a food ingredient, an ingested substance, or parasites.



• A soft or watery stool with visible worms, eggs, or other uninvited guests is a clear indication of an [intestinal parasite infestation](#).

• Firm, soft or runny poop containing blood or blood clots is a sign of a serious health problem requiring immediate attention. Fresh blood indicates current bleeding, typically from the large intestine or the anus or anal glands. There could be a perforation or damage to the intestinal wall from something the dog ingested, or from the eruption of a tumor or a bleeding polyp.

Diarrhea Occasionally Masquerades as Constipation

The typical dog with diarrhea has an urgent need to get to his potty spot, and once there, quickly passes loose, watery stool. (And if he can't get to his potty spot in time, we'll be cleaning up a mess.) However, sometimes diarrhea looks remarkably like constipation, in that the dog strains to go.

This occurs because diarrhea upsets the normal rhythm of the muscle contractions in your dog's intestinal tract, giving him the feeling that he constantly needs to poop. So even when he's hunched over and straining, his colon might be empty after repeated bouts of loose stool.

In cases of chronic diarrhea, many dogs show no sense of urgency to get outside and also don't have accidents in the house — they simply always have loose, watery stools.

Other symptoms that often accompany diarrhea include fever, lethargy, malaise, loss of appetite, and [dehydration](#). Puppies, small dogs, and seniors are at risk of

dehydration from just one round of significant diarrhea.



• Small bowel diarrhea can also be confusing to pet parents, because the first part of the stool is firm, followed by soft or very loose second half of the bowel movement, which can indicate a variety of issues including small intestinal bacterial overgrowth (SIBO), maldigestion, malabsorption, food intolerances, exocrine pancreatic insufficiency, [dysbiosis](#) (leaky gut) or irritable bowel syndrome (IBS).

When Diarrhea Requires a Vet Visit

Most healthy dogs experience an occasional episode of loose stool or diarrhea that resolves within 12 to 24 hours. The underlying issue in most of these cases is indiscriminate eating or stress. However, any dog has the potential to become very ill from chronic bouts of diarrhea.

If your dog seems fine after a bout of diarrhea — she's acting as if nothing is bothering her and has her usual amount of energy — it's safe to simply keep an eye on her to ensure her stool returns to normal within a day or so. But if you notice she's sluggish, running a fever or feels warm to the touch, or there's a change in her behavior, you should contact your veterinarian.

If you see [blood in the stool](#) or your dog is weak or shows other signs of debilitation along with the diarrhea, you should make an appointment with the vet. If she seems

fine but is experiencing recurrent bouts of diarrhea, it's time for a checkup.

It's important to bring a sample of your dog's stool to your appointment, even if it's watery. Use a plastic baggie and shovel a bit



in there to take with you (a small piece of flat cardboard works well as a “shovel”). This will help your veterinarian identify potential underlying causes for the diarrhea.

Treating Diarrhea at Home With a Bland Diet

If your dog is otherwise healthy and his behavior is normal, withhold food — not water, just food — for 12 hours. A short-term fast gives the GI tract a chance to rest, repair and restore itself.

Follow the 12-hour food fast with a bland diet of cooked, fat-free ground turkey and 100% canned pumpkin, or fresh steamed pumpkin. Mix the turkey and pumpkin 50/50, and feed it to your pet until the diarrhea resolves. If you can't use either of those, use cooked sweet potato or even cooked white potato. And, if a bland diet doesn't resolve in 48 hours, it's time to call your vet.

Canned 100% pumpkin provides about 80 calories and 7 grams of soluble fiber per cup, compared to 1.2 grams of fiber in a cup of cooked white rice (not recommended anymore for a variety of reasons). The soluble fiber in pumpkin coats and soothes the GI tract; it also delays gastric emptying, slowing down GI transit times and helping to reverse cramping.

Diarrhea causes electrolyte and potassium loss, which increases a risk of dehydration. Low potassium levels can cause cramping, fatigue, weakness, and heart rate irregularities. Pumpkin is an excellent source of potassium, and is also safer for diabetic pets than rice.

Slippery elm is a neutral fiber source supplement that benefits dogs with diarrhea. It is “nature's Pepto-Bismol” because it reduces GI inflammation and the fiber bulks up the stool. Use one and a half teaspoon or a capsule for each 10 pounds of body weight with every bland meal. Once the stool firms up, add in a [good quality probiotic](#). Herbs such as peppermint, fennel or chamomile are also helpful.

Activated charcoal can also be a godsend for dogs that frequently eat things they shouldn't and end up with terrible diarrhea.

If your dog has any bowel change that coincides with lethargy, weakness, a fever or personality change, don't wait, visit your vet immediately.

Completely Cringeworthy!

According to the AKC Official Standard of the Newfoundland:

“The Newfoundland is a sweet-dispositioned dog that acts neither dull nor ill-tempered. Sweetness of temperament is the hallmark of the Newfoundland; this is the most important single characteristic of the breed.”

Some of us would like a picture to demonstrate this explanation and here it is...

Welcome to Niji! We all know that Newfies are the best, and puppies are the cutest, so to increase the smile count we welcomed Niji to the family in March.



Our older dog Okami is tolerating her and has perfected the look that says “please take the bouncing beast away now.”

Niji learned quickly to copy Okami and sit to get a treat and thinks the kiddie pool is awesome.



Not satisfied with the large collection of toys provided, she chose her own from the table...



Interested in a Newfoundland Puppy?
Looking for a Breeder? – Contact NCA
Breeder Referral Hotline
Call 1-866-NCA-NEWF (1-866-622-6393)
Between 9AM and 9PM Eastern
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Submit your brags, photos and corrections with
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